

2023-2024 Free Sports Physicals



**Sponsored by Vancouver Public Schools
Family Medicine of Southwest Washington**

Available to Vancouver Public School students entering 6th through 12th grades

These physicals are provided by volunteers and are meant to target those athletes with difficulty accessing care or who **do not have health insurance**. These exams are not meant to replace regular health visits with your primary care provider*.

If you have access to primary care, please have your sports physical performed there.

*Students with known cardiac, asthma, diabetes and/or seizure related issues or other conditions of concern cannot be served. If an abnormality is found, you will be referred to your primary care provider before being cleared for your sport.

Limited Space

You must sign up in the Business Office of your school

Sports physical staff will facilitate a referral to a primary care provider

November 9, 2023

November 16, 2023

February 15, 2024

February 22, 2024

3:00 pm - 6:00 pm @ Fort Vancouver HS

Students please bring:

- WIAA Sports Physical Form with you with the Medical History portion completed **PRIOR** to your physical.
- Wear loose fitting shorts and a t-shirt
- Signed Parent Consent Form IF NOT ACCOMPANIED BY A PARENT OR GUARDIAN

Consent Forms are available at the school business office, and can be downloaded from our website at www.vansd.org (Click on Athletics, scroll down to Forms at the bottom and click on Physical form and/or Parent Consent form).

Your child may be eligible for free or low-cost medical, dental and vision coverage through Washington Apple Health for Kids. You can find out more information or apply at the sports physicals. If you would like to apply, please bring proof of all household income, birth certificates for your children, and picture ID for your children 16 years and older.